

Paraprofessional Certification in Spiritual Formation

Spiritual Disciplines and Prayer

Session 5:

Sending Forth

Dwight Judy

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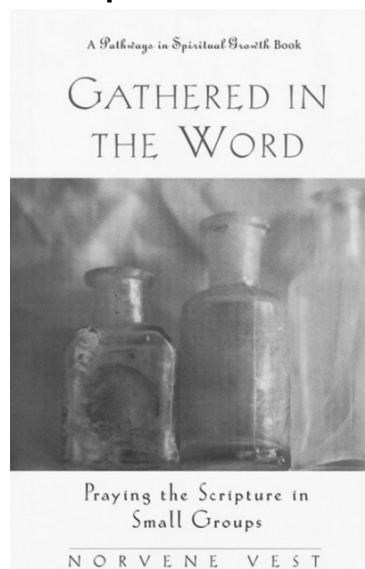
Course Assignments

- Prayer Practices at www.dwightjudy.com
 - Weekly assignments
 - Prayer log
- Reading
 - Marjorie Thompson, *Soul Feast*
 - Adele Ahlberg Calhoun, *Spiritual Disciplines Handbook*
- Developing Rule of Life
- Small group meetings
- Written assignments

Leaven in the Bread of Jesus Christ

- Spiritual formation focus provides “leaven” for the congregation – Cherri Johnson, FUMC, Baton Rouge
- Individual devotional life
- Reflective study groups – “meeting together in order to help each other work out our salvation.”
- Teaching all lay leadership spiritual disciplines
- Intentional Worship and preaching as disciplines for spiritual formation
- Prayerful practices for discerning mission of the congregation

Group *Lectio Divina*



Pattern for Small Group *Lectio Divina* – Norvene Vest

- First two readings – listen for word or phrase
- Next reading – listen for sensory impression
 - “I feel” “I see” “I sense” “I hear”
- Last reading – listen for invitation
- Pray for invitation of person on your right

Acts 3:4-8

fixed
feet
right
something
stand
leaping
walking
looked
made
strong
ankles
intently
expecting
receive
stood
Nazareth
immediately
hand
raised
Christ
God
gave
took
began
attention
praising
jumping
temple
entered
lame
John
Jesus
made
silver
leaping
standing
old
birth
fixed
feet
right
something